



# FROST

OCTOBER 2020 VOLUME 1 ISSUE 1

## NEWS FROM THE PRINCIPAL'S DESK...

### Hello Frost Cougar Cubs!!

We are off to a great start this year! Thank you so much for your support in getting into the school routine as this is a year unlike any other. While there have been many changes this year, I am excited to see our students learning and participating in activities. As we move forward, please take care of yourselves and your families. Your well-being is very important to us, and we appreciate you being a part of our Frost Community.

As we enter the month of October, we are working on developing the foundation for our students. Our theme, "Cougar Cub Strong" is our focus for this school year. As you well know, there have been many obstacles this year that have changed the environment as we have come to know. Despite the challenges that have presented themselves, we are committed to creating an environment that is kind, supportive, and provides opportunities for our students to learn, grow and thrive! We will be stronger together! Things will be different this year, but we are not allowing that difference to change our mission. We have the opportunity to improve on learning experiences so that our students can reach their individual potential. We will continue to strive to provide learning experiences for the "whole child" focusing on academics and social emotional development.

At this point, your child is becoming comfortable with the routine established in their classroom for in-person learning and at home with distance learning. In order to maximize their learning experiences, it is important to make sure that your child is on time and prepared for school when they head to campus, and they complete their work at home. Routine and communication is key. Please contact your child's teacher if you have questions or your student needs assistance. We value the partnership with our community, as it is a key factor in the success of our students. You are an important part of what makes Frost Elementary School special.

Please do not hesitate to contact us if you have any questions or need assistance. Thank you for your involvement in your child's education!

Sincerely,  
Mrs. Tiffany Mikell , Principal

COUGAR CUBS

## IMPORTANT DATES

**10/12-10/16** Anti Bully week  
**10/13** Writing Baseline Assessment , Grades 2 & 3  
**10/14** Writing Baseline Assessment , Grades 4 & 5  
**10/14** SAC and PTA meeting  
**10/19-10/23** Parent Conference Week  
**10/21** Spirit Night at Wendy's on 301  
**10/21** Fall Pictures  
**10/22- 10/23** Math Monthly Assessment Grade 2 & 3  
**10/23** End of Quarter 1  
**10/26-10/30** Red Ribbon Week  
**10/28-10/29** Math Monthly Assessment, Grades 4 & 5  
**11/ 11** No School , Veteran's Day  
**11/19** Virtual Great American Teach In  
**EARLY RELEASE DATES: 10/12, 10/19, 10/26 (Students dismiss at 12:55)**

### E-Learning Tips

It is important to make sure students are successful during E- learning. Students must participate with their teachers as if they were in the classroom. Here are a few tips to help students be fully present and do their best:

1. Provide a set space for students to work free from distractions.
2. Create a schedule for students and help them stick to it. This schedule should resemble a regular school day schedule. Students should NOT be in their pajamas during class.
3. Ask students to show you their assignments/activities for the day before they begin and after they complete them. REMEMBER, your child should be the only one completing the assignments.

Email their teachers if you have any questions or need any assistance. We are here to help! It is our goal for students to be successful, and we appreciate you partnering with us in your child's education.

# Frost Elementary House System

We are rolling out an exciting new program this year at Frost Elementary! The House System divides our school campus into 4 different houses that embody social-emotional traits and cultures.

**The Red House (Amistad) embodies the Spanish culture and is the house of friendship.**

**The Blue House (Reveur) embodies the French culture and is the house of dreamers.**

**The Green House (Isibindi) embodies the African culture and is the house of courage.**

**The Black House (Altruismo) embodies the Portuguese culture and is the house of givers.**

Each of these houses compete against one another in a variety of academic and behavioral competitions throughout the school year by accumulating house points. Incentives and rewards are given monthly to the winning house! Our house system fosters a culture of community and promotes camaraderie and collaboration. Ask your student who your family is representing at our next school event!



## IMPORTANT INFORMATION FROM OUR SCHOOL SOCIAL WORKER!!

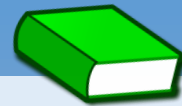
Hello from the School Social Worker! My name is Ms. Frasher and I am so happy to be at Frost Elementary this year. This is my seventh year working in the educational field as a school social worker, and my third year in Florida. I am here to assist in several different ways, ranging from connecting families with resources, assisting our students and families with mental health concerns, and ensuring our students are in attendance daily. While some absences are unavoidable, and no child should attend school while sick, consider if there are things that you can do to reduce the number of days your child misses. The absentee attendance telephone number is: (813) 740-4900

## Guidance Counselor's Corner

Hello my Frost Elementary Family my name is Mr. Perrigord ( the kiddos call me Mr.P.). I am ecstatic to be working with the families, staff members and students as this year's School Counselor. A fun fact about me...I am originally from the Bahamas, the islands of paradise.

I am pleased to introduce our "Character Counts" where each month teachers will select one (1) student who exemplifies the character trait for the month. As an incentive students will be rewarded for positive behavior. The month of October is all about "Anti-Bullying" month. As a class, students will decorate a poster to promote an anti-bullying message that address kindness, acceptance and Inclusion. This will be held October 5<sup>th</sup> - October 9<sup>th</sup>.2020 Also, for the month of October we will be celebrating Red Ribbon Week -October 26<sup>th</sup> - 30<sup>th</sup> 2020, which focuses on alcohol, tobacco, and other drug and violence prevention awareness campaigns. Let's say no to drugs and remember to do the right thing even when no one is looking.





## Reading Rocks!

Learning to read is a complex process that takes time. Families can make reading at home a positive experience by trying some of the strategies below:

1. Create a print-rich environment where your child sees printed word all around - on posters, charts, books. Talk about the words and make connections to how the word is spelled, the sounds in the word, and how the word is used.
2. Play word games such as Scrabble, Bananagrams or Boggle. This is an entertaining way for children to improve their vocabulary and get exposed to unique words everyday.
3. Capture your child's imagination by listening to audiobooks while driving in the car or before bed. OneDrive and Epic! are two apps to download free audiobooks. Regularly listening to reading can help children expand their vocabulary, improve comprehension and teaches pronunciation of words for those who English is a second language.



## A Word from our Math Coach

The start of the school year brings more opportunities for a fresh start to math. Try this fun activity to get your child excited to learn about math!

### Count Down!

What you need to play:

4 'large number' cards with the numbers 25, 50, 75 and 100 on them

A set of cards with the digits 1-10 on them, with at least two cards for each number

How to play:

**Step 1:** Set out 4 large number cards (25, 50, 75 and 100) face down and mixed up.

**Step 2:** Do the same with the 1 - 10 cards, making sure you have at least 2 cards for each number.

**Step 3:** Players take it in turns to select one of the big number cards or one of the small number cards, until there are 6 cards laid out all together.

**Step 4:** Someone who is playing the game needs to generate a 3-digit number. This can be by throwing a dice, or selecting cards from a pile of 0 to 9 cards.

**Step 5:** Once the number has been generated, turn over the six cards and players have to try and get to that total using any of the six number cards and any of the four operations.

Each card can only be used once and the winner is the first person to reach the total, or the player who is closest after a set length of time.

The game can be adapted for younger children, by choosing the numbers on the cards carefully and having them aiming to reach a 2-digit number, rather than a 3-digit number.

## Media Center News

Hello Frost Family. I am Mrs. Hallock and I am the new Media Specialist here at Frost Elementary. I am already loving being here and seeing all the beautiful faces in the hallways. For those E-Learners at home, I can't wait to meet you. Right now we are only doing library book checkout to our brick and mortar students using our new virtual catalog system. You can access this through the Frost Media Center course in Canvas. Also don't forget to subscribe to our school's you tube channel, Frost Elementary HCPS, where you can see our daily Frost Strong News Report and some other fun videos. Again I am so happy to be part of this Frost family and hope to see you all soon.